### Winter Workshop Series

Please register @ www.csueastbay.edu/sasworkshops

<table>
<thead>
<tr>
<th>Event Name</th>
<th>Date</th>
<th>Time</th>
<th>Location</th>
<th>Presenter</th>
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<tr>
<td><strong>Academic Probation for First Time Freshmen</strong></td>
<td>Jan.12</td>
<td>4:00 PM-5:30 PM</td>
<td>Concord Room</td>
<td>Andrea Sanchez, Retention Programs Coordinator</td>
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<tr>
<td></td>
<td>Jan.13</td>
<td>2:00 PM-3:30 PM</td>
<td>Bayview Room</td>
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<tr>
<td><strong>Filing for Grad</strong></td>
<td>Jan.14</td>
<td>4:00 PM-5:00 PM</td>
<td>AE 253</td>
<td>Chiyo Falk, EOP Counselor</td>
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<td><strong>FAFSA Renewal</strong></td>
<td>Jan.27</td>
<td>3:00 PM-5:00 PM</td>
<td>TBA</td>
<td>Stephen Faletti, Financial Aid Counselor</td>
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<tr>
<td><strong>Academic Probation for Continuing Students</strong></td>
<td>Jan.15</td>
<td>12:30 PM-1:30 PM</td>
<td>MI 3047</td>
<td>Diane Peterson, EOP Counselor</td>
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**Academic Probation for First Time Freshmen**

The purpose of this workshop is to inform first time freshmen who are currently on academic probation (AP) of the following areas: institutional policies on AP, the consequences of AP status, identifying barriers to academic success, and offering resources and services to improve academic performance.

**Filing for Grad**

Do you think you’re getting close to graduation? Attend our graduation workshop to learn more about the requirements for a bachelor’s degree and the process of filing for graduation.

**FAFSA Renewal**

Have you renewed your FAFSA for the 2014-2015 school year? Make sure you’re ahead of the game by getting your renewal submitted before the March 2nd, 2015 deadline. This workshop will guide you through the online process and teach you what you need to know to receive your financial aid disbursement in a timely manner.
Managing a Sustainable STEM Career

Jan. 28 @ 2:00 PM–3:15 PM
MI 4019

Tokiwa Smith  STEM Community & Business Engagement Coordinator

*The job market is changing and will continue to change from how things were in times past. You could once count on getting a job after the completion of your education (high school, college, graduate school) and could have a successful career without being much time and effort on managing one’s career. However, now that the world is flat and we have a global economy; no matter what sector one is in you must proactively manage your career. In this workshop we will discuss things that will teach you how to manage your career such as career mapping, relationship building, professional development and career evolution.*

Registration Workshop

Feb. 10 @ 3:00 PM-5:00 PM
MI 3038

Lael Adediji  Coordinator, Renaissance Scholars Program

To inform students how to: understand GE and major worksheets, search classes by using online scheduling, register for classes, and research professor (ratermyprofessor,koofer,etc.)

Assess Your Stress: Timeout Before Your Burnout

Feb. 16 @ 2:30 PM– 4:30 PM
Bayview Room (New Union, 2nd floor)

Janice Frias  Health Educator

Assess your stress is an interactive stress management and self-care workshop. Take a timeout to learn how to practice healthy habits, prevent burnout, and cope with the demands of a busy schedule through relaxation tips and techniques.

Strong Interest Inventory

Feb. 19 @ 2:00 PM-4:00 PM
MI 3006

Edward Beanes  Career Counselor, AACE

This workshop will help students identify careers and majors that match personal and academic interests by discussing Strong Interest Inventory results. Learn how to apply this information to make more meaningful choices while exploring majors and pursing professional goals.

*The Strong Interest Inventory must be completed prior to attending the workshop.*

Graduate School 101: The Basics

March.5 @ 3:00 PM-5 00 PM
MI 3111

Ishman Anderson  EOP Counselor
Jose Salceda  EOP Counselor

Come hear first-hand from EOP counselors about their graduate school experience including the application process and successfully navigating through graduate programs. Topics include components of application, Ph.D. Vs Masters programs, funding opportunities, and the culture of graduate school.